

Very Berry Fruit Salad

44 Reviews -- got 5 stars

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From the Barefoot Contessa

EPISODE: Cooking Lite

Total Time: 35 min

Prep: 5 min

Inactive: 30 min

Yield: 6 servings [or 4 larger servings]

Level: Easy

Ingredients

1 pint strawberries, hulled and cut in half

1 pint blueberries

1 pint raspberries or blackberries

1 tablespoon good balsamic vinegar

1/4 cup sugar

Fresh mint, for garnish

Directions

Place 6 [or 4] glasses in the refrigerator.

In a large bowl, combine the berries, vinegar and sugar. Stir gently. Cover securely with plastic wrap and refrigerate for 30 minutes to 1 hour.

Spoon the berries into the chilled glasses. Garnish with a sprig of fresh mint.